

## **CDC Says Fewer Americans Are Lighting Up**

If you've been helping employees at your work place kick the habit, your efforts are making a difference. The Centers for Disease Control and Prevention published in its Morbidity and Mortality Weekly Report that about 21.6 percent of U.S. adults now smoke, down from 22.5 percent in 2002 and 22.8 percent in 2001.

The study finds that the 46 million American adults who have quit smoking outnumber the 45 million who continue to smoke.

CDC believes more initiatives are needed to reduce ongoing disparities in smoking by age, race/ethnicity, and educational levels.